

POWERFUL BODY- MIND THERAPY

Visual Imagery—

Facilitated by Janet Cook,

Certified Rubinfeld Synergist

Reiki -

Facilitated by Shez Downey,

Usui and ZKaruna

Reiki Master

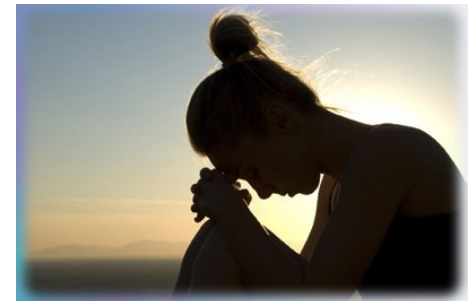


V a s t W e l l n e s s
C e n t e r

2323 South Troy Street
Bldg 3, Suite 107
Aurora, CO 80014

Phone: Janet - 303-681-7905
Phone: Shez - 303-548-2660

Healing through Visual Imagery And Reiki



What are you waiting for?

Start your healing today!

You are the author of your
life.

Vast Wellness Center

Phone: Janet—303-681-7905
Phone: Shez - 303-548-2660

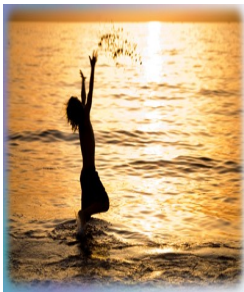
Complimentary Alternative
Body-Mind
Medicine

Visual Imagery

Visual Imagery is a potent healer that can relieve pain, speed healing, and help the body subdue hundreds of ailments, such as lower blood pressure, stress, tension, depression, and improve your health.

Visual Imagery is the language that the mind uses to communicate with the body. You can't talk to a wart and say "Hey, go away", because that's not the language the brain uses to communicate with the body. You need to imagine that wart and see it shrinking.

Imagery is the biological connection between the mind and body.



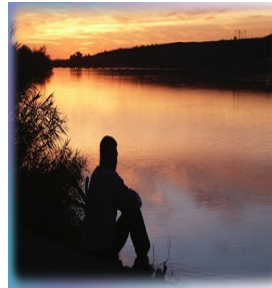
VISUAL IMAGERY

Imagery has been considered a healing tool to virtually all of the world's cultures. Navajo Indians, for example, practice an elaborate form of imagery that encourages a person to "see" themselves as healthy.

Visual Imagery can also be used to help prepare you for pre and post surgery and has been used for cancer patients.

REIKI

This natural healing modality originated in Japan.



"Re" means "Universal" and it is a general term for spirit or unseen spiritual quality, which service as channel for "Ki" or "Life Force Energy" (Some call it God, Buddha, Chi, Qi, Prana, Love Energy, or similar).

The body is more than just a collection of functioning parts. Since everything generates a frequency, the body and its organs have their own energy field which is continually changing. All conditions of dis-ease are rooted in this energy system. If our "life force" is low or blocked, we are

REIKI

more likely to get sick. But if it is high and flowing freely, we can maintain our health and well being.

Reiki healing energy provides means to balance the human energy fields (Auras) and energy centres (Chakras) to create conditions needed for the bodies healing system to function.

Reiki healing complements Eastern and Western medicine and everybody can benefit from it.

**VISUAL IMAGERY AND
REIKI PACKAGE -**

**\$130.00 FOR 1 1/2
HOURS OF HEALING**

CALL TODAY!

**V a s t W e l l n e s s
C e n t e r**

2323 South Troy Street
Bldg 3, Suite 107
Aurora, CO 80014

Phone: Janet - 303-681-7905
Phone: Shez - 303-548-2660

